October Menu Notes: This month beckons swirling leaves, fall colors and pumpkin patches. Cooler temperatures mean comfort food like Pierogies on 10/16 and Chicken Leg with Mashed Potatoes on 10/20. Our special Halloween menu translates to Hot Dog or Hamburger, served with Potato Smiles, Applesauce, Milk and Halloween Cake as our Fun Food!

Important: All lunch account purchases including birthday treats will be charged directly to your prepaid cafeteria FACTS account. No money will be accepted in the cafeteria. FACTS will send out low balance alerts. If you are new to using FACTS, please do not hesitate to contact the cafeteria with any questions. Free & Reduced price lunch applications can be found on the school website or you can call the cafeteria. New forms are required each year unless you receive a direct certification notice from the cafeteria.

PLEASE MAKE PAYMENTS FOR LUNCH THROUGH YOUR FACTS ACCOUNT

There are only 21 serving days in October. The lunch rate is \$4.25. Milk rates are \$.50. Silk Soy Milk \$1.50.

Lunch All Grades \$89.25 or \$4.25/day (includes one dairy milk only)
Approved reduced All Grades \$47.25 or \$2.25/day (does not include any extras)

Adult/Staff \$4.50/day (includes beverage choice, except Silk Soy milk)

Ala cart: \$3.00 Side Salad and Guac Pack

\$2.50 Main Entree/Other Fresh Packs (e.g. pizza, Bosco, chicken, granola pack)

\$1.00 All other ala cart items (e.g. fruit, veggies, potatoes, rice)

Ala Cart Beverages: Milk/Water - \$.50, Capri Sun/Various juice boxes - \$.75, Tropicana Juice/Silk Soy Milk (Chocolate & Vanilla) - \$1.50

Ice Cream and Frozen Novelties: Prices are \$.50, \$.75, \$1.00. Reduced fat & sugar novelties are sold daily. Teachers will advise if they will limit purchase days and which days those will be.

Snack Station: Reduced fat & sugar snack choices sold daily. \$.50 - \$1.00 each

Fun Food Fridays: Each Friday will offer a treat that will be available for purchase from your student's prepaid cafeteria lunch account. Items offered will rotate and include whole grain/reduced fat & sugar mini donuts, muffins, churros, cupcakes etc.

Birthday Ice Cream Treats: The cafeteria can make it easy to celebrate your child's birthday at school. Please refer to the school website for details.

Terese Joyce Michelle Kuches Food Service Director Kitchen Manager

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This institution is an equal opportunity provider.